

## WAYS TO SUPPORT THE NUTRITION PROGRAM

### Connect Your Corporation with Resource Center!

Volunteers can make a difference in the community not only for people in need, but for their companies as well. Think of it as a joint marketing opportunity to increase the visibility of your company, while aligning your name with a great cause! Corporate support is critical for organizations like Resource Center. For 37 years the Center has provided programs of interest to the lesbian, gay, bisexual, transgender and queer/questioning (LGBTQ) community and critical services to low-income individuals living with HIV. We invite you to support the Center's HIV Nutrition Program, which includes a food pantry and hot meals program.

### Volunteer as a Team

- Help prepare and serve lunch to clients in the Hot Meals Program (Mon.-Fri. 10 a.m. to 2 p.m.)
- Help stock shelves and check-out clients at the Food Pantry (Mon.-Fri. 10 a.m. to 2 p.m.)
- Maximum of 10 volunteers per program, please
- Enjoy a fun and unique employee team building experience!

### Food & Fun Drives

- Collect non-perishable items to help stock the Food Pantry: pop-top canned items: canned meats (tuna, chicken, chili, Spam), canned soup, canned juice, canned fruits/vegetables; Ramen noodles; boxed cereal; dry staples (rice, beans, pasta); condiments (ketchup, mayonnaise, mustard, salt, sugar)
- Food drives are one of the easiest and most effective tools for raising awareness and donations
- Placing containers around the workplace makes it simple for employees to donate
- Many employers offer a company match as an incentive and the food drive can be a source of positive media coverage!
- Create an inter-departmental competitive canned food drive! A friendly competition between departments can help make a difference in the community and boost workplace morale



## Become a Corporate Sponsor

- Sponsor a shelf at the Food Pantry. *“This shelf brought you by \_\_\_\_!”* (Bring items collected in a food drive or let us stock it with your cash donation.)
- Sponsor a meal for 100-150 HIV+ people in our Hot Meals Program with your cash donation. *“Thank you \_\_\_\_, for making today’s meal possible!”*
- Provide a dessert for our clients in the Hot Meals Program. *“This cake and/or ice cream bar provided by the generosity of \_\_\_\_!”*

## Donate

- The Pantry always needs non-perishable items (see Food & Fund Drives above). All food distributed through the Food Pantry must be packaged for retail distribution. Homeless clients can best use small or single-serve containers, preferably with pop-tops
- The Hot Meals Program needs kitchen equipment: cutlery, cooking utensils, storage containers, etc. Staff can provide a full list of needs upon request
- Reusable shopping bags are greatly needed and help focus the program’s limited dollars on nutrition

